

Raising the Bar

In Equine
Invited
Interventions

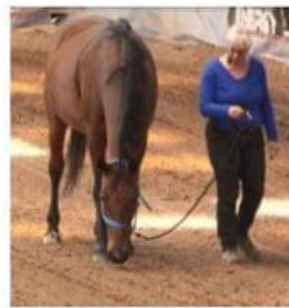
28 hours
training
for £895!

Tracie Faa-Thompson & Rachaël Draaisma

Tracie is the co-founder of the field of Animal Assisted Play Therapy®/Equine Assisted Play Therapy® alongside Dr Rise VanFleet. Rachaël is founder of Calming Signals for Horses and Scentwork for supporting equine physical & mental health.

27th - 30th June, Northumberland, TD15 2PE, UK
Email: aaptbaseuk@mail.com for details.

This training is for Therapists coaches, educators, and allied professionals experienced in the fields of Equine Assisted Interventions **AND** those new to the profession who are passionate about equine sentience, animal welfare, the importance of playful interactions and accurately reading equine communication which is at the core of Equine Invited Interventions.



Playful interactions and activities are explored with a focus on enjoyment & mutual benefit for horse and human. Equine body language, Calming signals, Scentwork and play therapy applications form the basis of these days.



During these horse-human interactions, the subject matter may be serious but the approach is light and playful. The focus is giving opportunities for the clients goals to be achieved in a way that feels emotionally safe, supportive and promotes positive relationships.

Real-life examples are shared, considering the character traits and needs of horses and linking them appropriately to clients' requests for help.

What are the conditions needed for human & animal play and how can we provide them? We consider how to give the horse a choice of whether to participate and to ensure that it is enjoyable for both the horse and the human.



Tracie and Rachaël will be sharing expert knowledge and experience, with an eye on detail and a lot of humour!

The presentations will include photos, videos, demonstrations and exercises with participants and the horses, should they wish to be involved.

You will have the opportunity to learn via observation and many practical activities. Participants are taken into the world of the horse, the coach and coachee, Equine body language and Scentwork with horses.



The horse as an individual within the therapy process

These main themes will be elaborated on:

We take the individual needs of the horse as a starting point in determining the activities we choose in an animal Invited session. We look at the importance of the human - animal bond in therapeutic relationships & the role of the human in the complex balance of the interactions in a supportive, fun and therapeutic way.

The ethology of horses is discussed - What are the requirements of the species and then the needs & wishes of the individual horse. What activities does a specific horse enjoy? Is tolerance ever acceptable? How do we take the unique needs of the horse as a starting point in determining the activities we choose in an equine invited intervention.

These four days are your opportunity to sharpen your observations skills. We will be continually watching and discussing body language in “real time’ throughout the training Looking at the stimuli that start, influence, and end the behaviour sequences.

we will notice on a detailed level how comfortable or uncomfortable the horse is, and to discuss when to step in when a horse experiences discomfort and how to do that without compromising the therapeutic relationship or process.



27th - 30th June: 9am to 5pm.

28 hours of training by leading experts including
a light lunch for £895

Booking & Enquiries: aaptbaseuk@mail.com

(we usually reply within 24 hrs - check your spam folder).

Introducing your Trainers.

Tracie and Rachaël feel that they have the perfect partnership combining their joint expertise in Equine Assisted Play Therapy®, Calming Signals and Scentwork to bring to the arena of Equine Assisted work TO enhance professional practice and add many new applications and activities which benefit both horse and human to the equine assisted practitioners toolkit.



Tracie Faa - Thompson (BA SW, MA Crim, AASW, CAEBI, PG dip NDPT) is specialist social worker in adoption. She is a BAPT Play & Filial Therapist As a clinical hypnotherapist, Tracie incorporates EMDR, Eye Movement Integration with Emotional Freedom Technique. Her passion is working in nature, amalgamating ecotherapy's and Nature based play and Animal assisted therapies. She is an Applied herbal choices animal health professional consultant, a Certified Animal Ethology and Behaviour consultant. She founded Nature Based therapeutic life story work using nature to plot familyjourneys in 3D

Tracie and Dr Rise Van Fleet brought together the modalities of play therapy and animal-assisted therapies into a positive, cohesive ethical play therapy approach.

Tracie has been a Filial Therapy Instructor and Supervisor since 2008. She co-wrote the Maxwell Award winning book Animal Assisted Play Therapy ® with Dr Rise Van Fleet and has written numerous peer reviewed chapters and articles on the fascinating field of Animal Assisted Play Therapy with different client groups. She has the privilege to lecture worldwide on the topics of Animal Assisted Play Therapy® The Human Animal bond ALWAYS with the welfare and enjoyment of the animals we work with in mind.

Rachaël Draaisma

Behaviour consultant Rachaël Draaisma is well known for her large-scale research on Calming Signals in horses. Under the mentorship of Turid Rugaas, she started to firstly map the horses' levels of tension in response to a variety of everyday stimuli in a livery environment. Secondly she started to investigating if horses use relationship-managing signals in response to stimuli in their environment that they want to appease in order to avert conflict and maintain social relationships - they have chosen the term Calming Signals to refer to these signals. Thirdly, she investigated how tension relates to possible Calming Signals. Video footage forms the basis of the study. Hundreds of videos of domesticated horses of various breeds in interaction with humans, or with humans in proximity of twenty meters, were analysed. The study lead to the description of 20 calming signals horses use to appease each other and calm themselves to keep a positive social climate and avoid negative escalations. It also lead to the description of ten communication ladders that represent ways a horse may interact to stimuli around them. Every step on the ladder represents a tension level and gives features and behaviours, which makes them a valuable tool to assess your horse. And see if possible tension is declining or rising. This study lead to the book Language signs and calming signals of horses and is published by CRC press in 2017. It has been translated to several languages, of which Dutch, French, Chinese, Czech and Polish language are a few to mention. This study is ongoing. And Rachael keeps working on studying communicative signals of horses, with an emphasise on the calming signals of horses.

Another pillar of Rachaël's working life with horses evolves around equine mental stimulation and scentwork. Rachaël developed an extensive method to do scent tracking with horses. Where she teaches horses to follow a footprint track, so they can find lost persons, or foodbags. Scentwork has enourmous advantages for horses, on their behaviour, their brain and body. But scent tracking with horses is also enriching for humans and can be seen as a new tool in enriching the human equine relationship. Rachaël develops tracking to a level that she uses it as a sole (primary) activity for horses. Rachaël is founder in offering mental stimulation and scent work activities as a method in her work with horses who have behavioural challenges. Rachaël's second book 'Scentwork for Horses' is published in English and Dutch in 2021.

Rachaël travels throughout Europe and the globe to lecture or give workshops about Calming signals of horses, and equine mental stimulation and scentwork. Many University's and educations are interested in her work. China, Denmark, Poland, Belgium, Spain, Slovak, France, Sweden, The UK, the United States of America, The Netherlands, are only a few countries she has visited. Rachaël also developed online courses on Calming signals of horses & Scentwork. The first is available, the latter will be offered online in March of 2024.

For more information:

www.calmingalsofhorser.com or

www.scentworkofhorses.com



Collaborations

Rachaël Draaisma, Risë VanFleet & Tracie Faa-Thompson.

Tracie Faa-Thompson and Dr Rise VanFleet have been collaborating since 2004 to bring together the modalities of Play therapy and animal-assisted therapies into a positive, cohesive, ethical and playful way of working. Tracie and Rise co-created the field

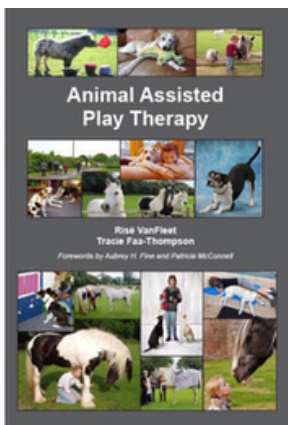


of Animal Assisted Play Therapy®

Tracie, Rachael and Risë have been working in partnership for over 10 years to bring to the fore the Art of observation and “listening with your eyes”

We believe that we are always the student of what animals communicate with us and if we practice at every opportunity by listening with our eyes our skills will be enhanced.

We also find in each other the synchronicity in our approaches and joint quest to seek out and maintain the horse’s standpoint needs and pleasure when voluntarily interacting with humans.



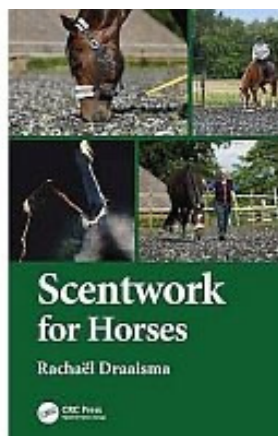
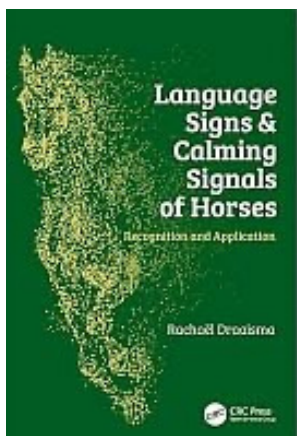
Animal Assisted Play Therapy: Risë VanFleet & Tracie Faa-Thompson.

Available from www.iaapt.org.

email: aaptbaseuk@mail.com

Tracies Email: nin@therapist.net

**International Institute for Animal Assisted Play Therapy:
www.iaapt.org**



“Language Signs & Calming Signals of Horses” plus “Scentwork for Horses” : by Rachaël Draaisma: available from <https://calmingsignalsofhorses.com>.

Rachael's Email:

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